



Founded on the rock  
Bonded by the sea.  
Guided by the light.

# The Lighthouse

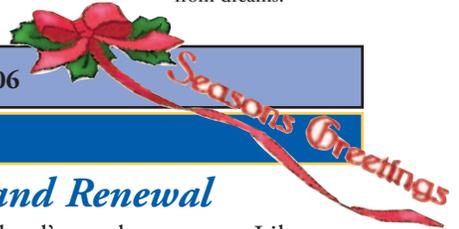
## Newsletter of Rotary District 7820, Zone 22



46 Clubs strong covering Newfoundland and Labrador, Nova Scotia, Prince Edward Island, Iles de la Madeleine, Québec and Saint-Pierre et Miquelon, France.

**District Governor 2006/07 - Dennis Knight**

Issue No. 12-06      Editor - Peter Stuempel      December, 2006



### Message from the Governor

#### The Family – Fountain of Caring and Renewal



I grew up in Jackson's Cove, a small outpost on Newfoundland's northeast coast. Like many rural, relatively isolated communities, it was a wonderful place to be a child. The community was first and foremost a family in the full sense of the word, with a culture of outreach and caring that extended beyond one's immediate "family". The "Service Above Self" maxim was in common use throughout the place, involving the elderly, infirm and otherwise disadvantaged. Fellowship and vocation were opportunities to serve others; we helped each other out in many ways, e.g., health care, building and repair projects, work animals and food sharing. And of course, people socialized with and entertained each other in many ways, particularly during the winter months.

#### Is the Smoke Up?

Rotarian Ted Rowe recently illustrated very well the culture of caring in small communities. In his community of Heart's Content (and how could you not have caring in a place so named!), an elderly lady lived alone across the field from his house. It became a family ritual to check each morning to see whether smoke was rising from her chimney, in which case they would know she was fine. How do we gauge how our neighbour is doing today?

**"...I invite you to extend the gift of Rotary to someone, and along with it, the opportunity to add another ripple to the Rotary wave of fellowship and service."**

#### A Focus on Family



This is Family Month in the Rotary Calendar; a time to celebrate the Family of Rotary and involve them in our activities. Family means many things these days and continues to take on new meanings beyond the traditional definition of "a group of people affiliated by birth or marriage, etc". In the Rotary world, beyond the family and friends of Rotarians, it includes our Foundation Alumni, those whom we serve and our partner organizations and service clubs who work with us.

December is, of course, a landmark month in the Christian calendar, when families gather to mark religious observances, to reflect and enjoy each others' company. It is also a time of special observances and rituals by those of many other beliefs, including Judaism, Islam, Buddhism, Hinduism, Shintoism and Aboriginal Spirituality. It is therefore a time of assessment and renewal for much of the Family of Rotary and our human family in general.

During this month, think about better involving members of this Family in your club activities. Our Foundation Alumni is a prime example. Together, they make up a largely untapped source of energy and inspiration. Make a point in the coming weeks of identifying alumni in your community, inviting them to speak at your club, to attend fellowship events and to become Rotarians. Two shining examples of Alumni who have recently become Rotarians are Stefani Angelopoulos, our 2005 Rotary Peace Scholar, now a member of the Rotary Club of Dartmouth East and Allison Lomond, a member of our Group Study Exchange team to Nigeria in 2005, now a member of the Rotary Club of Stephenville.





### Growing our Capacity to Serve

You will be pleased to know that we are on the verge of expanding our family with a new Rotary Club – in Deer Lake, Newfoundland. The enthusiasm about Rotary International of the group leading the charge there is inspiring, to say the very least.

For all of you, doing such great work in every corner and hollow of this District, I invite you to extend the gift of Rotary to someone, and along with it, the opportunity to add another ripple to the Rotary wave of fellowship and service. What better way to observe this season of giving and forgiving?

Susan and I wish you a month where (despite all the madness), inspiration and hope will well up in you like a Bay of Fundy tide.



DG Dennis

From: *The Western Star*, Corner Brook, Newfoundland

Friday, November 24, 2006

DEER LAKE



*District Governor Dennis Knight, left, talks with the Deer Lake Rotary Club's first president, Todd Goodyear. The Deer Lake Rotary Club has elected its first executive.*

The fledgling Deer Lake Rotary Club took a big step Wednesday, electing its first executive committee.

Rotary 7820 District Governor Dennis Knight was on hand for the affair. Knight praised the men and women who've committed to joining the worldwide service organization. In 170 countries around the globe, the Rotary Club now boasts more than 1.2 million members.

"It's really tremendous that you're coming together here for this worthy initiative," Knight said. "We're involved in projects all across the world. Not all our projects are huge endeavours although many are. There are Rotary clubs that are involved in projects like reading to children and seniors. There are a number of clubs that have sponsored mini-Rotary clubs at the high school level. There are many ways that clubs work directly with families and individuals that need help for one reason or another. You can go from those kinds of local projects to large projects like the library in Summerside or joining in the international Rotary effort to stamp out polio. The length and breadth of this organization is quite staggering and it's great to see a new club being formed in this district."

Knight said the Deer Lake chapter will be the first new club to be formed in the regional district in over five years. He said the new group will benefit from the encouragement and support of other clubs in the district.

Deer Lake's Rotary Club is likely to receive its charter early in the new year and putting together the executive committee was an important first step in that process. The new executive is made up of president Todd Goodyear, vice-president Dwight Ball, secretary Capt. Terry Hopkins and treasurer Brenda McCarthy. While there are still some directors positions open, Elmo Bingle, Dr. Rev. Tony Newell and Ed Kelly have already been signed onto the executive roster.

Goodyear said he's excited about the opportunity of forming the new chapter. He said the club is poised to have its quota of founding members and he's looking forward to the official launch of the group.

### Spread the word!



Invite someone to become a **Rotarian** today.



*Mark your calendar...*  
**May 10-13, 2007**  
 District Convention  
 St. John's, NF

COMMON PEOPLE.  
 UNCOMMON PURPOSE.



*"Common People... UNCommon Purpose"*



### Helping save 10 lives at a time.

From *The Ancaster News* Nov 17, 2006...

Lebanese Rotarians recently distributed 200 Shelter Boxes in the northern city of Batroun to help 2,000 of the 12,000 people displaced from Beirut and southern Lebanon by last month's bombings. Three days later, additional Shelter Boxes were packaged and dispatched from Cyprus aboard the Greek warship Xios.

**Shelter Box** is a Rotary International disaster relief project designed to save the lives of thousands by supplying provisions to people displaced by natural disasters and political conflicts. Each Shelter Box contains enough supplies to accommodate the needs of 10 people for three months. The large plastic box contains a 10-person tent, 10 sleeping bags, cooking supplies, water purification tablets, tools and other life-saving essentials.

Shelter Box International is able to respond efficiently to devastated regions across the world because of the dense network of Rotary Clubs worldwide.

In the last two years, Shelter Boxes have been sent to areas as diverse as New Orleans, Afghanistan, Pakistan, Sri Lanka and Somalia. Hundreds of thousands of people worldwide credit their survival in part to Rotarians and their supporters for donating the supplies to satisfy their basic needs. Shelter Box works with international aid agencies, such as Save the Children, and commercial airlines like Virgin Airways to distribute the boxes.

The boxes are purchased and assembled by Rotary Clubs around the world and warehoused until a planned shipment is made. **At this time, Shelter Box Canada has no Shelter Boxes in reserve.** Given continued global political instability and the increasingly devastating impact of natural disasters and because Shelter Box does not receive government funding, the appeal for financial donations remains significant.

For more information on how to help Rotary International continue this life-saving work, contact [sdwood@sympatico.ca](mailto:sdwood@sympatico.ca) or visit the Shelter Box Canada website at [www.shelterbox.ca](http://www.shelterbox.ca).

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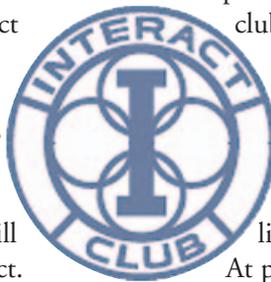
### A Golden Opportunity

For Clubs contemplating the organization of an Interact Club, the following information could be very helpful to making that happen. An increasing number of High Schools are being certified to teach the International Baccalaureate (IB) Program. This program has many objectives in common with Rotary International. A comparison of the IB and RI web sites: [www.ibo.org](http://www.ibo.org) and [www.rotary.org](http://www.rotary.org) shows that their objectives of leadership training, local and international humanitarian service through fellowship, high ethical standards and international awareness and understanding are a perfect fit for encouraging those students to participate in Interact.

Not only are the objectives of the two organizations compatible, but Rotary is able to offer students in the IB Program who become members of an Interact club, three advantages they might not otherwise enjoy at the school.

RI's considerable world wide resources and many youth leadership and exchange programs, after high school through membership in a

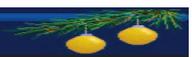
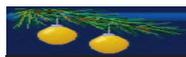
Emphasizing the strong synergism between IB Coordinators and High School Principals will port it requires to lay the foundation for Interact. District. There is a golden opportunity to double this number.



contacts, opportunities to participate in RI's the ability to continue humanitarian service Rotaract club and finally a Rotary club. the two programs to Provincial Government likely result in your club receiving all the sup- At present there are 10 Interact clubs in the

For Clubs that do not have complementary IB programs operating in their target high schools, District help is available to assist with chartering an Interact Club. In either circumstance, now is the time to act.

*Bob Munroe, Chair, Rotary Interact Committee*





## Group Study Exchange

### Group Study Exchange Committee report - Outbound

On behalf of the GSE committee I am very pleased to announce that our team leader for the April 2007 exchange to Brazil is *Ann Jones from the Rotary Club of Yarmouth*.

Ann is a past president of the club and has served with distinction in many capacities. She is also involved in many community endeavours including the leadership of numerous teams to various parts of the world.

We would like to congratulate Ann and provide her with all the necessary support to lead a successful team to Brazil.

The committee would also like to say thank you to all the applicants for their interest and their participation in this program. All of the applicants were extremely well qualified and skilled and once again have shown us how lucky we are to have such high quality Rotarians in the clubs in our district. Our thanks to you for your support.

The next task of this committee is to select a team of four non-Rotarians to be a part of the team to go to Brazil in April 2007.

We are now open for applications for team member selection and the deadline for applications is December 5.

#### *Criteria for GSE Applicants:*

- *must be currently employed in any recognized business or profession on a full-time basis;*
- *must be between 25 and 40 years old;*
- *must be citizens of the country in which they reside;*
- *must be in good health;*
- *must be of sound education and background;*
- *must be interested and enthusiastic about their chosen profession;*
- *must be open minded, tolerant and flexible;*
- *must be available to properly prepare as an individual and as a team member;*
- *must understand and recognize the significance of their selection for the GSE;*
- *may not be a Rotarian or honorary Rotarian;*
- *may not be a member of a provisional Rotary club or an employee of a Rotary club;*
- *may not be a spouse, parent or lineal descendant of a Rotarian;*
- *may not be a spouse partner of another team member.*

Since I will be out of the country from November 2 to December 3.

The contact person for application forms and information on the GSE will be:

Jim Britten, Chair of the inbound GSE Committee.

[britten@accesswave.ca](mailto:britten@accesswave.ca)

1-902-889-3755 (home)

1-902-889-3618 (fax)

The **deadline** for applications is **December 5, 2006**.

Thank you Jim for kindly volunteering to do this in my absence.

We do not have a great deal of info on the area in Brazil the team will be visiting other than it is the south eastern part which has a high concentration of farming and ranching. When other info is received it will be made available to you.

We are asking all Rotary clubs to search their communities for young professional and business people who meet these criteria and who would be interested in being part of an exciting and interesting opportunity and growth experience.

*Marilyn Brown,  
Chair, Group Study Exchange*



## ***A DIFFERENT CHRISTMAS POEM***

The embers glowed softly, and in their dim light, I gazed round the room and I cherished the sight.  
My wife was asleep, her head on my chest, My daughter beside me, angelic in rest.  
Outside the snow fell, a blanket of white, Transforming the yard to a winter delight.  
The sparkling lights in the tree I believe, Completed the magic that was Christmas Eve.  
My eyelids were heavy, my breathing was deep, Secure and surrounded by love I would sleep.  
In perfect contentment, or so it would seem, So I slumbered, perhaps I started to dream.  
The sound wasn't loud, and it wasn't too near, But I opened my eyes when it tickled my ear.  
Perhaps just a cough, I didn't quite know, Then the sure sound of footsteps outside in the snow.  
My soul gave a tremble, I struggled to hear, And I crept to the door just to see who was near.  
Standing out in the cold and the dark of the night, A lone figure stood, his face weary and tight.  
A soldier, I puzzled, some twenty years old, Perhaps Canadian, huddled here in the cold.  
Alone in the dark, he looked up and smiled, Standing watch over me, and my wife and my child.  
"What are you doing?" I asked without fear, "Come in this moment, it's freezing out here!"  
Put down your pack, brush the snow from your sleeve, You should be at home on a cold Christmas Eve!"  
For barely a moment I saw his eyes shift, Away from the cold and the snow blown in drifts...  
To the window that danced with a warm fire's light. Then he sighed and he said,  
"Its really all right, I'm out here by choice. I'm here every night."  
"It's my duty to stand at the front of the line, That separates you from the darkest of times."  
"No one had to ask or beg or implore me, I'm proud to stand here like my fathers before me."  
"My Gramps died at 'Dieppe on a day in December,"  
Then he sighed, "That's a Christmas Gram always remembers."  
"My dad stood his watch in that Korean Land, And now it is my turn and so, here I am."  
"I've not seen my own son in more than a while, But my wife sends me pictures, he's sure got her smile."  
Then he bent and he carefully pulled from his bag, Something red and white, ...a Canadian flag.  
"I can live through the cold and the being alone, Away from my family, my house and my home."  
"I can stand at my post through the rain and the sleet, I can sleep in a trench with little to eat."  
"I can carry the weight of killing another, Or lay down my life with my sister and brother...  
Who stand at the front against any and all, To ensure for all time that this flag will not fall."  
"So go back inside," he said, "harbor no fright, Your family is waiting and I'll be all right."  
"But isn't there something I can do, at the least?"  
"Give you money?" I asked, "Or prepare you a feast?"  
"It seems all too little for all that you've done, For being away from your wife and your son."  
Then his eye welled a tear that held no regret, "Just tell us you love us, and never forget."  
"To fight for our rights back at home while we're gone, To stand your own watch, no matter how long."  
"For when we come home, either standing or dead, To know you remember we fought and we bled.  
Is payment enough, and with that we will trust, That we mattered to you as you mattered to us."

*Thanks to PDG Gord for sending this Different Christmas Poem.*





## Editor's Notes

Since we have a few new members, I would like to again share with you one of my favourite *Christmas Cake Recipes...*

### Ingredients:

*1 cup of water  
1 tsp baking soda  
1 cup of sugar  
1 tsp salt  
1 cup of brown sugar  
lemon juice  
4 large eggs  
nuts  
bottle Rum  
2 cups of dried fruit*

- Sample the rum to check quality.
- Take a large bowl, check the rum again.
- To be sure it is of the highest quality, pour one level cup and drink.
- Repeat.
- Turn on the electric mixer.
- Beat one cup of butter in a large fluffy bowl.
- Add one teaspoon of sugar.
- Beat again.
- At this point it's best to make sure the rum is still OK.

- Try another cup ... just in case
- Turn off the mixer.
- Break 2 eggs and add to the bowl and chuck in the cup of dried fruit.
- Pick fruit off floor.
- Mix on the turner.
- If the fried fruit gets stuck in the beaters pry it loose with a drowsciver.
- Sample the rum to check for consistency.
- Next, sift two cups of salt. Or something.
- Check the rum.
- Now shift the lemon juice and strain your nuts.
- Add one table.
- Add a spoon of sugar, or somefink. Whatever you can find.
- Greash the oven.
- Turn the cake tin 360 degrees and try not to fall over.
- Don't forget to beat off the turner.
- Finally, throw the bowl through the window, finish the rum.

Heave a  
**CHERRY MISTMAS!**



## District Attendance

Be sure to get your clubs attendance to the District Secretary by the 10th. of the month (Kathryn Atkin: [katkin@sjnhb.nf.ca](mailto:katkin@sjnhb.nf.ca)). It is a requirement of Rotary International that **all** clubs report their attendance to the District secretary monthly. The District Secretary is then required to forward this information to RI.

Only 26 clubs provided an attendance report for the month of October. This is 59% of the 46 clubs in the district. The average attendance of those clubs reporting was 70 percent. 14 clubs were above 70%.

Congratulations to the **Rotary Club of Hillsborough** for having **93%** attendance for the month of October.

How did your club fare? Check out the attached *District Attendance Report*.

## Rotary Dates to Remember

- 10th. of the month** - Attendance reports to Kathryn Atkin.
- 15th. of the month** - Club News to *The Lighthouse* editor.
- Dec 5, 2006** - Outbound GSE Team Member applications due.
- Dec 31, 2006** - Election of 2007-2008 Officers by this date.
- Jan 1, 2007** - RI Semi-Annual Report due.
- Jan 31, 2007** - *Club Officers Report Form* to RI by this date.
- Feb 14, 2007** - **Rotarians Have a Heart Project**.
- March 1, 2007** - Deadline for "*Donald MacRae Peace Award*".
- April 1, 2007** - Deadline for "*Outstanding Club Recognition*".
- April 15, 2007** - Deadline for "*Presidential Citation Award*".
- May 10-13, 2007** - District Convention - St. John's, NF

Please contact us with your questions, suggestions and articles...

Dennis Knight, DG - [dknight@dwknightassociates.com](mailto:dknight@dwknightassociates.com)  
Peter Stuempel, Editor - [stuempel@bwr.eastlink.ca](mailto:stuempel@bwr.eastlink.ca)

Check out our District Web Site at  
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